



SEPA Annual Conference

Nov 5th to 8th 2018

Saskatoon SK



Pre-Conference Training

Monday Nov 5

9 to 12 (encore workshops at 1 to 5)

The 5W's & 1H behind the elusive ICS 201 Form

Deb Davies, EM Coord Saskatoon Fire

What is the 201?

Why do we need a 201?

Where do we use the 201 and where should it end up?

When do we need a 201?

Whose responsibility is it to fill out the 201?

How do you fill out a 201 properly?

Is the 201 the first, or even second Incident Action Plan (IAP)? Is the 201 ONLY a briefing tool?

Together let's explore the purpose behind this cagey ICS form that is sometimes referred to as the quasi IAP. As a group we will discuss the 5W's & 1H of the 201 to gain a greater understanding of the importance in this valuable ICS form and breathe some life into it.

Continuity of Operations and Incident Command

S. Walter, ISM and D. Arnott, BCGL

This interactive workshop will address the ever-present question of – “where does continuity fit in the Incident Command setting.”

You will be introduced to Continuity of Operations planning, execution and sustaining considerations and factors.

Delegates will participate in the discussions of common practices and solutions, perhaps even come to an agreement on where Continuity best fits within an Incident Command organization.

1 to 5 (encore workshops)

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Continuity of Operations and Incident Command

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Tuesday Nov 6

8 – 12 am (encore workshops at 1 to 5)

Mobile Command Centre (MECC) Orientation SK EMFS

EMFS will be deploying their new Mobile Emergency Coordination Centers in 2019. The MECC will bring standardized tools and procedures that can be applied in EOCs of all sizes. Starting in 2019, the concepts represented in the MECC will be supported and promoted in all of the training and exercise programs facilitated by EMFS. EMFS staff will conduct this workshop as an informal “show and tell”. Workshop participants will discuss these 4 critical topics:

1. ICS tools in the kit
2. Technical components in the kit
3. Different approaches to deploying the MECC in communities.
4. Connecting & coordinating with other EOCs, including the Provincial EOC

"Mental Health Can Wait.... James Brayshaw, Saskatoon Fire

I'M DEALING WITH AN EMERGENCY!!! -

Join us for this session to look at the gaps in our processing that may keep us from being the healthiest, most resilient Emergency Planners and humans that we can be.

In this session we are taking time to chat about Mental Health Awareness and about the unique tensions, expectations, and pressures placed on Emergency Planners. Is there an impact on our mental health?

Does the style of leadership seen in Emergency Planning have an impact on the mental and emotional well-being of those working with and for them?

How does the intensity of the role bring unwanted sleep disruption and “hamster-wheel” cognitive activities? Can I outsmart burnout if I experience reduced performance, limited decision-making abilities, disrupted relational function and disturbed peace throughout the night?

The height and depth of a Planner's responsibilities often places an elevated sense of responsibility on the individual. This leads to ruminations about the good-ole “Imposter Syndrome” a fear of being exposed as a fraud who is in way over his or her head. This pattern of thought buffets our mental health and may bring diminished confidence to do the job. How do we combat this without being overconfident to a fault?

How do the uncertainties, one of the main contributors to Anxiety Disorders, in Emergency Planning effect the Emergency Planner, the responding personnel, as well as the victims of an event who are left to trust that EMO has “got this”?

1 – 5 pm (encore workshops)

Mobile Command Centre (MECC) Orientation SK EMFS

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Pre-Conference Training Presenters

Monday Nov 5

Deb Davies, EM Coord Saskatoon Fire

Deborah Davies, born in Saskatoon, SK is a second-generation firefighter with 24 years of experience. She is a qualified Fire Officer, a critical incident stress management team member and a primary care paramedic. In 2015, she joined Saskatoon Emergency Measures Organization as the Emergency Measures Coordinator.

Deborah received her Certificate in Fire Service Leadership from Dalhousie University in March 2016, her Certificate in Emergency Management Public Sector Emergency Management with Honours from Northern Alberta Institute of Technology in 2018 in addition to being qualified as an ICS Canada Planning Section Chief

Deborah instructs First Aid, CRP/AED, fire ground survival, and Incident Command System training. Adding more to Deborah's involvement in the City of Saskatoon is that she is a Saskatoon Fire Department peer advisor, holds the position of United Way Managerial Co-chair for the City of Saskatoon, as well as the Employee Campaign Chair for the Fire Department.

Deborah is interested in furthering the community through being a co-founder of 100 Women Who Care: Emergency Services YXE and several other committees.

Shannon Walter

Shannon Walter is a senior Business Continuity Management practitioner with 17 years of experience building full Business Continuity Management Programs in both the financial and insurance market spaces. Not only has she had the opportunity to develop numerous response frameworks, but she has also been in the crux of managing through incidents ranging from infectious disease, bomb threat, loss of location and threat of active shooter. Shannon became certified as a MBCI in 2006 and has been an integral member of establishing The BCI Canada Chapter. In 2009, she served as Secretary on The BCI Canada Board of Directors and in 2010 took on the role of Vice President. In 2011 she was elected President of The BCI Canada until her term ended in 2014.

Currently, Shannon is the Enterprise Risk Manager for ISM Canada, an IBM Company.

Dave Arnott

Dave served in the Canadian Army at the regional, national, international levels and has for the last 19 years, operated a continuity and risk management consultancy, Bridges Consulting Group Ltd, in Saskatoon. He has first hand and extensive experience and knowledge of risk, continuity, emergency and crisis management at the local, regional and national levels.

Dave works with and supports organizations in a wide variety of sectors which include banking, crown corporations, gaming, mining, not-for-profit, public education and government. In addition to service offerings which span the continuity management cycle, he also assists his clients with the full integration of actions for incident management, crisis management and emergency response.

Over the years Dave has written a number of continuity planning guides and has developed and facilitated numerous exercises, business continuity training sessions and workshops.

Tuesday Nov 6

James Brayshaw

As a Professional Firefighter in Saskatoon for 25 years, James has participated in Emergency Measures Organization work and has worked with a dedicated and caring group of colleagues to develop a robust Critical Incident Stress Team. His work as Chair of the Critical Incident Stress Management team includes educational components in Mental and Behavioral Health for the Fire Service. James also facilitates Mental Health Training through the Mental Health Commission of Canada.

He works alongside Angellah, his wife, offering mental health coaching and education on behalf of Saskatchewan Mental Health Training & Support Teams.

James finds immense reward through the opportunities he has had to assist both colleagues and citizens in crisis throughout his career.

He brings this history to audiences through an edu-taining (educational yet entertaining) delivery that draws the audience into the content. This begins the process of inquiry that encourages progress for those whom he engages.