

Constable Ariane Muirhead

Currently serving in Saskatchewan Constable Ariane Muirhead was diagnosed with the illness in 2013, after responding to a particularly traumatic incident.

She is very active in organizing charity events to raise awareness and money for first responders struggling with PTSD.

Ariane designed the PTSD challenge coin.

<http://behindtheredserge.ca/2015/06/06/first-responder-ptsd-challenge-coin/>

